

PLAYBOY

ENTERTAINMENT FOR MEN

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SPECIAL

Sex & Sports

ISSUE

SHAQ
THE DREAM
INTERVIEW

**AMATEUR
PORN**
WHY IT'S
SO HOT

**THE DEADLY
MADNESS
OF
JOHN
DU PONT**

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SHE'LL
TAKE
TO THE
SLAMMER

**ESPN'S
LEEANN
TWEEDEN**
AND OTHER
BUFF
BEAUTIES



brace yourselves, girlie-men,
these women
want to pump you up



HARD **B** OODIES



ABS OF IRON. Buns of steel. Thighs mastered. From the health club to the home, Nineties women are exercising like, well, men. And that's a good thing. With this new female athleticism, today's working-out girl has struck the right balance between grace and power. That means no pain, big gain for—you got it—girl watchers. So we hit iron piles across the country, searching for Nautilus nymphs and barbell babes. With Contributing Photographer Arny Freytag spotting for us, it was no sweat. We assembled a powerful set of aerobics instructors, bodybuilders, personal trainers, actresses and fitness models—each with a body of art. Their pictures are a painless way to enjoy the fitness craze.

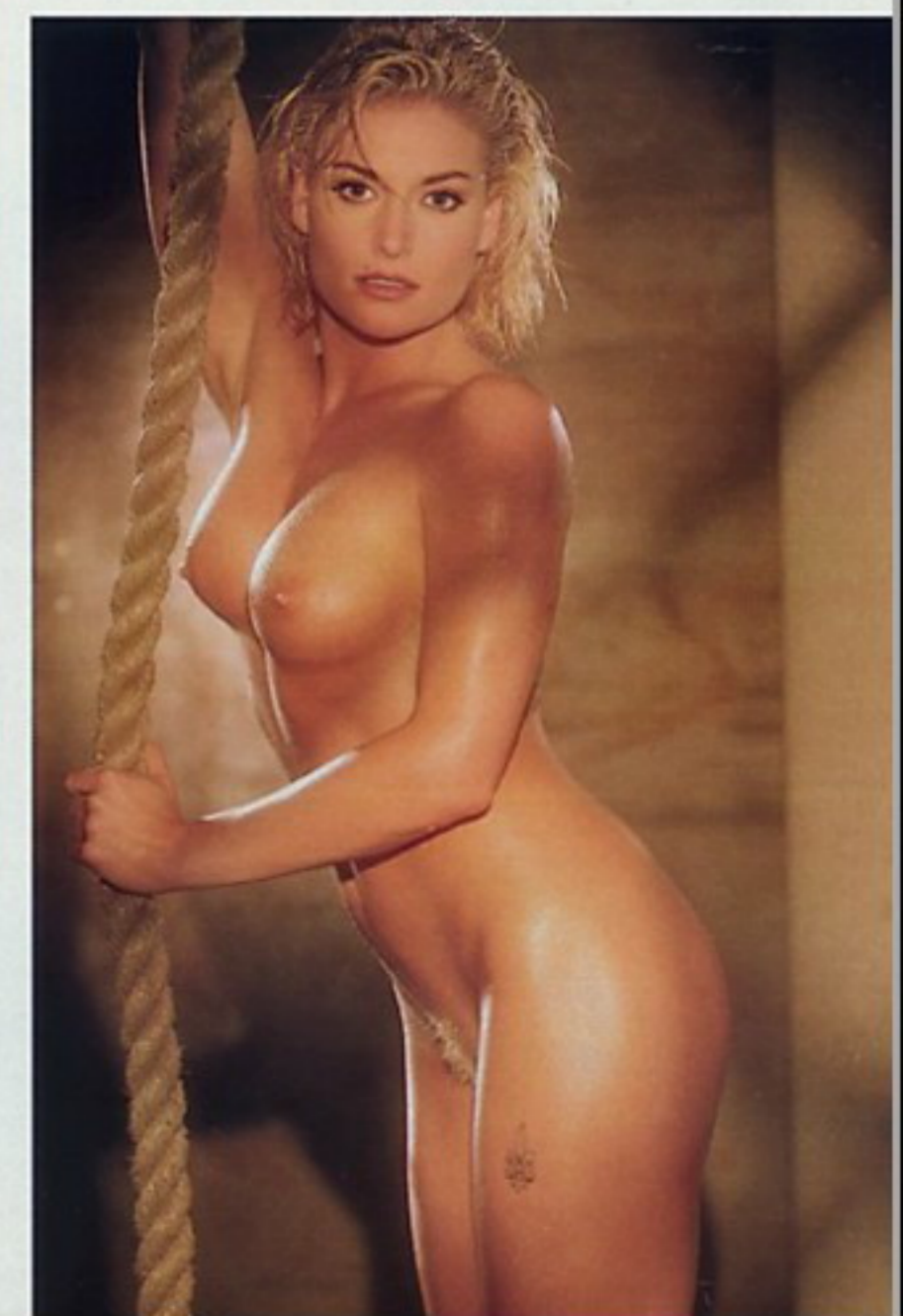
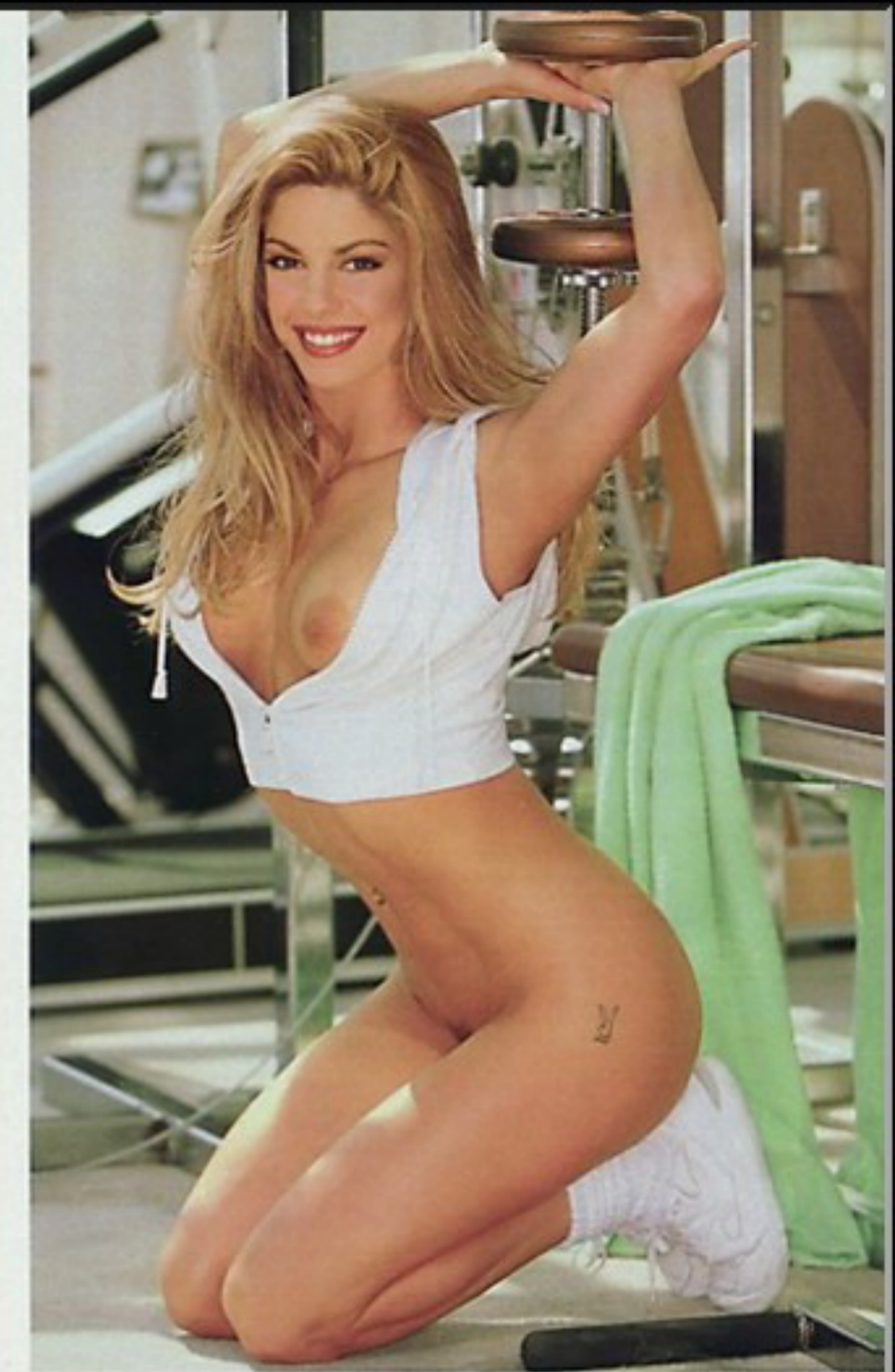
Fit and buff: "Work hard and you will be rewarded," says Jennifer Goodwin (opposite), a personal trainer who is the glistening epitome of her own workout ethic. Jennifer is one reason Venice Beach is a sight-seeing must: She works out there at Gold's Gym. Above, she's curling iron with Amy Fadhl (right), a native Texan, kick boxer and fitness model. We do more reps with Amy on the next spread.

PHOTOGRAPHY BY ARNY FREYTAG



Our cover girl, 23-year-old Leeann Tweeden, graduated from high school in three years but gave up Harvard for the steady workout of ESPN's *Fitness Beach*. "My family has supported me all the way," she says. Our second session with Amy Fadhli begins on the opposite page (above). Amy's heritage is a potent combo: She's part Arab and part Czech. Lisa Carr (opposite, below) is wired for sound as an aerobics instructor. She wants to take a cue from her step classes and move up to ESPN's *Body Shaping*.

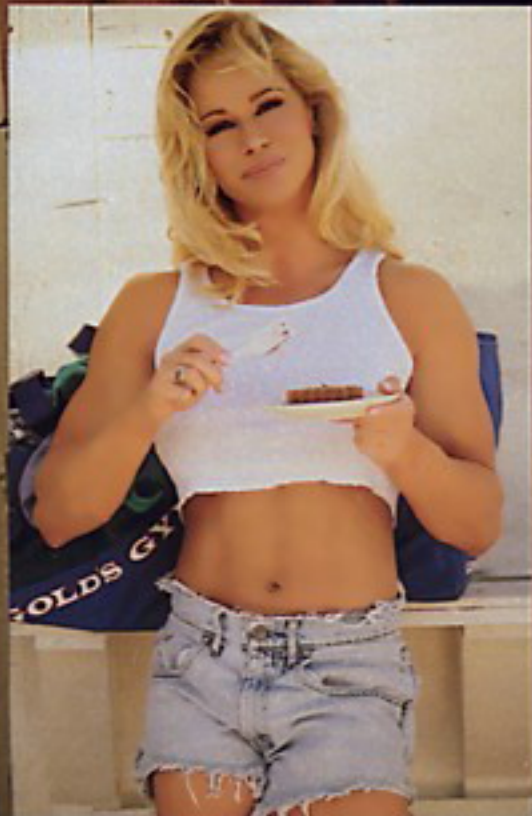




Say hello to Debee Halo (above and inset right), a boxing fan who has just taken the heavy bag to the mat. This iron angel models for fitness mags (see her April 1995 *Ironman* issue, left), and she's been on 15 covers. She believes in *mens sana in corpore sano*: Her dad is a psychiatrist and Mom is a psychologist. Dana Dodson (above right) recently snared first place in the National Physique Committee New Jersey State Championship. If she wins the nationals in August, she'll be Ms. Fitness. Below her is Elizabeth Story, a fast climber who is learning the ropes as an actress. She's appeared on *The Today Show* as a hip-hop dance instructor.



Continuing our power pack are Julie Bourque (this page) and Christine Lydon (right). Julie, who trains women, hates TV (calls it "dead-brain time") and says there are "lots of spunky redheads in my family." Christine has quite a résumé: She majored in neurobiology and French literature at Brown University and received a medical degree from Yale. Then she turned her beautiful back on orthopedic surgery to climb the Stair Master to Hollywood (her first film is *Death-gamerz*). This is one doctor who is good for what ails you.



Talk about the shortest distance between two points. Stella Azocar (5'3") needs no eye directions. She loves dancing, but she makes her living as a personal trainer. She hails from California, where she hopes to open a fitness center.





Some people know actress Janet Jones as Mrs. Wayne Gretzky, spouse to the best hockey player ever. Others remember her film roles, barely attired in *The Flamingo Kid*, gymnastic in *American Anthem*, hoofing up a twister in *A Chorus Line*. A

trained ballerina and former St. Louis tomboy, Jones starred in a memorable March 1987 pictorial and on the cover. These days she is the photographer, videotaping her little Gretzkys on ice. At PLAYBOY, we think of Janet as the Great One.



it doesn't take long to learn
miss august is entirely solar powered

JESSICA, Sunny-Side Up



ROAM THE historic streets of Tampa, Florida with 21-year-old Playmate Jessica Lee, and you'll come away thinking she'd be the funniest, sweetest kid sister a brother could have. One moment she's talking sports, telling you why she's a baseball fan ("I love men in uniform"), the next she's trading jokes with a couple of local cops. Then she's grabbing your hand and pulling you into a favorite burger joint, where she makes certain you meet everybody and everybody meets you. "I was born in New York, but I've lived in Tampa since I was six," explains this high-energy, low-maintenance woman. "I've got a lot of buddies around town." Miss August, like Florida, is solar powered. When the sun disappears, kid sister vanishes with it. Place Jessica

across a candlelit table, look into those private, gold-burnished eyes and there is enough residual heat to suck the breath out of you. "My birthday's in February," she says, "but I've always been a summer girl. I love to oil up, lie on the beach and just soak it in—the sun, the air, the sounds. My favorite time to swim is when the Gulf of Mexico gets hot, almost body temperature. I'd love to visit Alaska and see whales, but I'd have to wear about ten layers of clothes."

Jessica has always been too busy to be a full-time beach girl. In elementary school and high school she studied ballet. "I liked the discipline," she says, "but what I really enjoyed was creative dance, making up the moves on my own." These days, Jessica moves faster than ever. In the space of

PHOTOGRAPHY BY ARNY FREYTAG



"I wasn't born in Florida, but I consider myself a Florida girl. Get me on the beach or in the Glades and I turn native." The next hot spot on her life's itinerary is Hollywood, where Jessica will set her sights on TV and acting. "I've done some television and I love it. But I want to study the craft, do the work, so I can do character parts. I think I'm more than just another pretty face." No argument from us, Jessica.

one afternoon, we followed her to Ybor City, where she did a business lunch at Cherry's, then to Bennigan's for a beer-tasting session, then off to her old elementary school to watch friends play softball. Later, at the team's victory party, she told us, "My schedule has been wild ever since I was named Miss August. The only time I get home is to sleep!" Even so, home and family are priorities. She lives with her mother, who's a registered nurse, her bass-guitar-playing brother and a basset hound named Sabrina. She is also close with her father, a Tampa land appraiser. "I have the most awesome family," Jessica says, producing photos from her wallet. "Isn't my mom gorgeous? When we got the call from PLAYBOY, I think she was more excited than I was. It's going to be hard to move to Los Angeles—I've never been away from here. But I'm determined to study acting. Besides," Miss August adds, flashing her smile, "there's lots of sun there. I'll feel right at home." —RANDY WAYNE WHITE









"Florida gets lots of foreign tourists. That's how I know I prefer American men. My boyfriend is a former high school wrestler. He's funny, sweet, smart and ripped! Typical American guy." For Jessica, humor is a key homegrown ingredient. "Great sex begins with laughter. And I'd rather have a burger at a local club than eat dinner at an exclusive restaurant. You can't joke around at those places."





MISS AUGUST

PLAYBOY'S PLAYMATE OF THE MONTH



Jessica Lee

PLAYMATE DATA SHEET



NAME: Jessica Lee

BUST: 34B WAIST: 24 HIPS: 34

HEIGHT: 5'5" WEIGHT: 103

BIRTH DATE: 2/18/75 BIRTHPLACE: Binghamton, N.Y.

AMBITIONS: Acting—work hard, learn the craft.
Take great care of my family, my friends & loves

TURN-ONS: Hot Florida nights on the beach, humor
because I love to laugh, full-body massages.

TURNOFFS: People who act like hot shots, drugged-
up dopes, complainers.

GREAT SEX BEGINS WITH: Hugs, lots of love, lots of
laughter.

EVERY WOMAN SHOULD HAVE: An awesome mother, a
best buddy, and a hot, hot lover—all in
her heart.

THE BEST MEN ARE: Made in America, because
they've got an attitude, they're FUN, and
even the plain-looking ones are hunks!

WHAT DRIVES ME WILD: Long-long kisses & Summer!



Toy Soldier

Sixteen & shy!

Nutcracker Sweet!

PLAYMATE REVISITED: KATHY SHOWER



hollywood fell hard for this actress mom

WHEN KATHY SHOWER appeared as our May 1985 Playmate, we beamed with pride. The talented actress had already appeared on Broadway and prime-time TV, and Hollywood beckoned. "I have a great career, thanks in large part to PLAYBOY," says Kathy, our 1986 Playmate of the Year. She recently left Los Angeles for the villas of Europe, where she's well known for her work in miniseries and on the American soap *Santa Barbara*. "I am so blessed," Kathy says from her Barcelona apartment. "I've been everywhere in the past ten years and have gotten paid to go. It's been wonderful."

Above right, Kathy's centerfold from May 1985, and below it, a tip of the hat on her PMOY cover in 1986. Her daughters, who cheered mom on during the PMOY ceremony at the Playboy Mansion, have grown: Mindy, 21, will study law; Melonie, 17, plays piano and guitar.

PHOTOGRAPHY BY STEPHEN WAYDA



Though Kathy spends much of her time overseas, she doesn't forget friends back home. When Hef celebrated his birthday in April, Kathy had 70 white roses sent from her hometown of Brookville, Ohio. "A birthday is a special gift," Kathy says. "I'm so happy that I've had 43 of them, that I'm healthy and strong and that I'm living in a beautiful city like Barcelona. When I'm 70 I want that party hat on."







ATLANTA
1996

OLYMPIC
VELODROME

THE *Women* OF ATLANTA



the olympic heats just got hotter

IT'S NO SURPRISE that the seal of the city of Atlanta features a phoenix under the motto RESURGENS. More than any other American town, the Big Peach is forever rising and revising. Atlanta has given us cotton and peanuts, Martin Luther King Jr. and Gladys Knight, CNN and Coca-Cola. It has brought us Georgia Tech football and the world champion Braves. It has given us Rhett and Scarlett, Ted and Jane and *Designing Women*. And, of course, this summer, Atlanta hosts the 100th Olympiad, a first not only for the city but also for the American South. Naturally, we couldn't let the occasion pass

Welcome to Atlanta, home of the 1996 summer Olympics and volleyball goddess Lisa Dresia (opposite), who represents the 12th generation of her family to be born and raised in the Atlanta suburb of Marietta. Lisa is a model, but she'd love to be a comedian. (We must say we admire her stand-up.) Lying down on the job (above) is actress-model Lisa Ann Brown, who intends to be the next Sharon Stone.

PHOTOGRAPHY BY STEPHEN WAYDA

without doing what we do best: celebrating the city's glorious women. Athletes toss javelins—we shoot rolls of film. Let the games begin.

This past March, PLAYBOY sent Contributing Photographer Stephen Wayda to Atlanta—a city that was founded 159 years ago as a railroad terminus. We had to beg him to come home. Over several days, Wayda met and photographed nearly 100 women, all of them bona fide belles. Featured on these pages are the 13 who best capture the excitement, charm and sensuality of Atlanta. Ladies, you get the gold.



Violet Haze (above) majored in biology and modeled for album covers. Now she wants to be a sex therapist. Florida-born Cheryl Axley (right) is bent on being a wife and mom. "I grew up a preacher's kid," she confesses, "and look at me now." What irks Georgia peach Erika Snyder (far right)? "People with no values, and the national debt." Erika is a philosophy buff who wants to "inspire the masses." Done.





MEMBER
GEORGIA
FARM BUREAU





Tammy Brown (opposite) knows that the real way to a man's heart is through his head: She wants to be a psychiatrist. Say hey to Tiffany Schader (below), a cat fanatic whose list of life's essentials includes "sensitive boyfriends." Stopping Atlanta traffic is Tami Lynn West (above), who insists on "unconditional happiness in life." Mississippi native Robyn LaRocca (right) is into red wine and bubble baths. Her shot here: a true belle ringer.





Cathrine Nolan (left) comes from a large Southern family—"the kind where everyone knows everyone else's business." Behind closed doors she likes curling up with "a good science fiction novel." And, holy cow, check out Tammy Bristow and Christi Nicole Taylor (below). Tammy (left) says she enjoys "doing boy things," such as motorcycling and karate, while Christi is a pushover for those warm, romantic summer nights. Finally, meet horsewoman and Texas model Natalie Albarado (opposite), who informs us that she spends half the year in Atlanta. And where is she the other six months of the year, you ask? Unfortunately, she won't say—but we're certain that you'll be looking.





Hot Spots

BRITTNE FOUNTAINE has modeled for *Muscle* magazine, Mary Kay cosmetics and Toyota and has appeared on TV on *Renegade* and *Silk Stalkings*. She knows a leopard can't change her spots. That's just jungle fever.



Don't Fix This Rust

From the hot San Diego scene, RUST rides the melody train, and *Bar Chord Ritual* shows off the results. They are proud to call their sound "regional rock." We prefer to call it coast to coast.



Famous Amos

TORI AMOS' *Boys for Pele* has gone gold. She sold out her North American tour and added *MTV Unplugged* to her résumé in June. She's making history.



Your Mother Should Know

It's not every day a musician gets to gig with his mom, but SEAN ONO LENNON and his band, Ima, hit the road with YOKO to do a short club tour in support of *Rising*. Critics and fans both gave a thumbs-up.

Twain's Mark

Grammy winner SHANIA TWAIN's CD, *The Woman in Me*, has already sold 6 million copies. Shania wants to be known as a lyricist. Write on.



Catrina's Undercover

Do you recognize CATRINA FALBO? She appeared in *Playboy's Girls of College* video and was featured on cable's *Silk Stalkings*. Let's hear it for basic black.

Between a Rock and a Soft Place

Look for BONNIE DUNCAN in 1997 and 1998 bikini calendars from Pictorial Publications. She schmoozed Montel Williams on his talk show, but you'll have to make do with only the visuals.



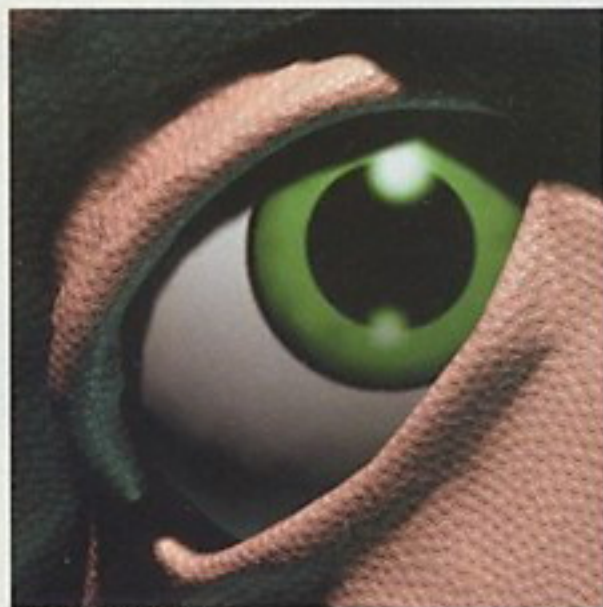
NEXT MONTH



SEPTEMBER'S COMING



PIZZA MAN



EYE-OPENING DISCS



TINY TOWNS

SPECIAL PREVIEW ISSUE—IT'S FALL AND WE HAVE THE INSIDE TRACK: THE MOST EXCITING TRENDS IN **CARS**, PLUS THE FUTURISTIC STUFF THAT'S HERE TODAY. THE NEW ELEGANCE IN **FASHION** THAT FEATURES LUSCIOUS SHIRTS, TIES AND MOD SWEATERS, **DIGITAL VIDEO DISCS** THAT WILL CHANGE YOUR VIEW OF ENTERTAINMENT FOREVER AND THE LATEST RAGE, **CIGARS**—THE WORD ON ETIQUETTE, HUMIDORS AND PLAYBOY'S OWN NEW SMOKE

NICOLAS CAGE—IS THE OSCAR WINNER AS CRAZY AS HE ACTS? **DAVID SHEFF** GETS THE DOPE ON COPPOLA FAMILY VALUES, CAGE'S GOOD FRIEND JIM CARREY AND, WELL, THAT COCKROACH THING IN THE SEPTEMBER INTERVIEW

SMALL-TOWN GIRLS—A PICTORIAL SALUTE TO THE GREAT BOUNTY TUCKED AWAY IN THIS NATION'S HAMLETS. REMEMBER, GOOD THINGS COME IN SMALL PACKAGES

PIZZA MAN—HOLD THE PEPPERONI, THIS SUPERHERO'S NOT TAKING ANY SAUCE FROM THE MOB—CRIME FICTION BY **LUCIUS SHEPARD**

SURPRISE PICTORIAL—AS A TREAT TO GET THE SEASON OFF RIGHT, WE PRESENT ONE OF HOLLYWOOD'S MOST BEAUTIFUL WOMEN IN A CANDID LAYOUT. DON'T EVEN ASK. OUR LIPS ARE SEALED

JUSTICE, MILITIA STYLE—WHILE MONTANA FREEMEN HELD THEIR STANDOFF WITH THE FBI, OUR REPORTER WAS HANGING OUT WITH ANOTHER GROUP—JUDICIAL VIGILANTES. AN INSIDE REPORT ON COMMON-LAW COURTS BY **T.C. BROWN**

THE BABES OF "FRIENDS"—IT'S TV'S HOTTEST NIGHT, BUT, OH, THE DECISIONS. PHOEBE? RACHEL? MONICA? NEW YORK GOSSIP COLUMNIST **A.J. BENZA** PLAYS THE ULTIMATE DATING GAME

JANEANE GAROFALO—THE DRY AND SLY QUEEN OF COMEDY REVEALS A FEW TRUTHS ABOUT CATS, DOGS AND UMA THURMAN—AND WHY SHE BOUGHT PUSSY SCENTED UNDERPANTS. A TRULY OUTRAGEOUS 20 QUESTIONS WITH **DAVID RENSIN**

PLAYBOY'S PRO FOOTBALL FORECAST—OUR GRIDIRON SAGE, **DANNY SHERIDAN**, NAMES THE YEAR'S BEST AND WORST OWNERS AND REVEALS WHO'S GOING TO DOMINATE THE NFL THIS SEASON

PLUS: THE GREAT DANES BEHIND BANG & OLUFSEN, A **MISS SEPTEMBER** FOR INDIAN SUMMER, SURPRISE NEWS FROM THE ADVISOR, AND PLAYMATE LEGEND **PATTI MCGUIRE**